



St. Francis and Bay View Older Adult Community Survey - 2009

Summary Report

Sponsored by Milwaukee Connecting Caring Communities Partnership



TABLE OF CONTENTS

Introduction	Page 3
Beyond The Survey Report	Page 4
Purpose & Methodology	Page 6
Demographic Profile of St. Francis Bayview Older Adults	Page 9
Survey Summary	Page 10
General Health	Page 10
	Page 29
Caregiver In Household	Page 13
	Page 30
Transportation Issues	Page 15
	Page 31
Meals	Page 16
	Page 32
Assistance	Page 18
	Page 32
Activities	Page 21
	Page 34
Living In Your Home	Page 23
	Page 35
You And Your Household	Page 25
	Page 36

INTRODUCTION

Looking at a neighborhood or community from the perspective of an older adult allows us to see that the ordinary things we do everyday may pose significant problems to someone with frailties. The challenges of aging can be simple, such as the grocery store may be too far away for someone who no longer drives or people one has come to know have moved away and there may be fewer opportunities to get to know your neighbor. As communities think about retaining their older residents they are learning three fundamental things:

1. Older adults want choices about where to age – whether it is staying in their home or apartment or moving.
2. People in general, and particularly older adults, want to feel connected to their communities in some way and to each other.
3. Communities benefit from being connected to older adults in terms of resident stability, historical perspective, economic impact on area businesses, and the willingness of older adults to give back in some way. ¹

The St. Francis Bay View Older Adult Community Survey provides a glimpse into the lives of St. Francis and Bay View older adults and how they view their community. Most adult residents age 55 and older are doing relatively well. For the most part, they are healthy, financially independent and connected to the community and to other people. St. Francis and Bay View have several assets which contribute to a high quality of life for its older residents. At the same time, there are areas of concern for those older adults not faring as well. The predicted growth of the older adult population, particularly among those age 75 and over, will result in increased demand for services with a decreased ability for older adults to pay for services. Potential areas for future discussion include:

- Interventions for low-income older adults with health and other issues
- Ways to reach isolated older adults and others in need of services
- Support for caregivers as well as for those being cared for
- Financial counseling and long-term care planning
- Providing information about available programs and services to family and friends, health care providers, and via the internet
- Opportunities for volunteerism or greater social interaction.

¹ Kretzmann, John P. and McKnight, John L., Building Communities from the Inside Out, Skokie, IL; ACTA Publications, 1993, pp. 52-53.

As a whole, St. Francis and Bay View have many assets and resources that could be brought together in partnership to improve the ability of older adult residents to stay in and contribute to their community. Potential stakeholders in this effort include businesses with a significant older adult customer base; non-profits serving area older adults; municipal policymakers, as well as program and service providers; public and private property owners with older adult tenants; and, of course, older adults themselves. Under the leadership of St. Ann Center for Intergenerational Care with technical assistance provided by Milwaukee's Connecting Caring Communities Partnership and Interfaith Older Adult Programs, Inc. this partnership can begin the work of developing relationships, identifying community assets, and exploring new ways of connecting St. Francis and Bay View older adults with each other and with community resources.

BEYOND THE SURVEY REPORT

For many older adults, St. Francis and Bay View are great places to live with many opportunities to stay connected to other people and many resources to use and enjoy. For others, there are barriers to enjoying life and obtaining the services and resources they need to remain independent.

Connecting Caring Communities has worked in six communities and neighborhoods to date to bring together people and organizations wanting to develop and build upon connections that will further improve the quality of life for older adults. The model process Connecting Caring Communities has created for building community and neighborhood partnerships consists of five phases: 2

1. Identifying the lead organization
2. Conducting asset mapping and gathering initial data
3. Building and nurturing the partnership
4. Developing the plan, based upon assets and data
5. Working toward sustainability

This survey report serves as a compilation of initial data and information regarding the health and well-being of residents of the community, as well as initial information regarding assets. The next phase of partnership development will be to build the partnership by convening interested residents, organizations, businesses, and others willing to work together on behalf of St. Francis and Bay View's older adults. As partners begin to make connections, a plan will be developed keeping in mind the importance of sustainability. Relationship-building and sharing of resources can lead to new opportunities and success for all involved.

² Taken from "Won't you be my neighbor?" A Guide to Connecting Caring Communities, Milwaukee: Connecting Caring Communities Partnership, June 1, 2007

September 2009



Purpose

The purpose of this project is to provide St. Francis Bay View with information for an assessment of the health and well-being of older adults (55 years old or older). Primary objectives are to:

- Gather specific data on behavioral and lifestyle habits of the older adult population. Select information will also be collected about the respondent's household.
- Gather data on the needs of the older adult population.

Methodology

The St. Francis Bay View Older Adult Community Survey was provided by Milwaukee's Connecting Caring Communities Partnership and Interfaith Older Adult Programs, Inc. with funding from the Greater Milwaukee Foundation, Helen Bader Foundation, and Faye McBeath Foundation. The purpose of this effort was to gather information on the health and needs of residents 55 and older.

A random sample of target listed addresses in the city of St. Francis and the Bay View neighborhood with the probability of having an adult 55 and older was provided by Survey Sampling International. A total of 2,000 addresses were used. A three-step approach was conducted.

- 1) A pre-notification letter was sent on April 15 announcing the upcoming survey.
- 2) On April 22, the questionnaire packet was mailed. It included a letter, the 12 page survey, and a postage-paid envelope. Respondents who were 55 and older within their next birthday were asked to complete the survey. If there was no adult 55 and older, they were asked to check a box and send it in the postage-paid envelope.
- 3) A reminder postcard was mailed on April 29.

A total of 719 questionnaires were returned by June 4. One-hundred and four questionnaires were returned as inapplicable since there was no adult 55 or older present or the packet was returned as undeliverable. Therefore, the adjusted sample size was 1,896, resulting in a response rate of 38%. With a sample size of 719 we can be 95% sure that the sample percentage reported would not vary by more than ± 4 percent from what would have been obtained by interviewing all persons 55 years old and older who lived in the St. Francis Bay View area. The margin of error for smaller subgroups will be larger. Post-stratification was done by gender and age to reflect the 2000 census proportion of older adults in St. Francis.

Results of the St. Francis Bay View Older Adult Community Survey can be generalized to the adult population who are 55 and older. In 2000, the census counted 2,227 adults 55 and older in St. Francis. Applying the growth of the entire St. Francis population from 2000 to 2008 (3.1%), there is an estimated 2,296 older adults in St. Francis. In 2000, the neighborhood of Bay View, a subset of zip code 53207, had a population of 17,828 people. Assuming the proportion of older adults in Bay View is similar to St. Francis, there was an estimated 4,584 older adults in Bay View in 2000. After applying the growth of the entire 53207 area from 2000 to 2008 (-1.0%), there is an estimated 4,492 adults 55 and older in Bay View. As a result, there is an estimated total of 6,788 older adults in the St. Francis Bay View area.

When using percentages from this study, it is important to keep in mind what each percentage point, within the margin of error, actually represents in terms of the total adult population. One percentage point equals approximately 70 adults. So, when 21% of respondents reported their health was fair or poor, this roughly equates to 1,470 older residents ± 280 individuals. Therefore, 1,190 to 1,750 older residents may have fair or poor health. Because the margin of error is $\pm 4\%$, events or health risks that are small will include zero.

Throughout the report, some totals may be more or less than 100% due to rounding, response category distribution and respondents who did not answer the question.

Survey management was conducted by JKV Research, LLC. For technical information about survey methodology, contact Janet Kempf Vande Hey, M.S. at (920) 439-1399 or janet.vandehey@jkvresearch.com.

Demographic Profile of St. Francis Bay View Older Adult Community Survey

Table 1. Weighted Demographic Variables of Survey Respondents*

	Survey Results
TOTAL	100%
Gender	
Male	40%
Female	59
Age	
55 to 59 Years Old	17%
60 to 64 Years Old	14
65 to 69 Years Old	14
70 to 74 Years Old	18
75 to 79 Years Old	15
80 and Older	18
Education	
High School Graduate or Less	43%
Some Post High School	33
College Graduate	23
Employment Status	
Full-time	17%
Part-time	10
Not Employed	72
Household Income	
\$17,000 or Less	18%
\$17,001 to \$40,000	40
\$40,001 or More	32
Marital Status**	
Married	46%
Not Married	54
Number of People in Household	
One	41%
Two	47
Three or More	9

*Remaining percentages are no answer

**Married is defined as living with a partner or spouse

St. Francis Bay View Older Adult Community Survey Summary

This research provides valuable data of St. Francis Bay View older adult residents surveyed from April 15 through June 4, 2009. The following data are highlights; please see the full report for more detailed findings. Some totals may be more or less than 100% due to rounding and response category distribution. Percentages in this summary and the full report may differ by one or two percentage points as a result of combining several response categories for report analysis.

GENERAL HEALTH

1. In general, how would you rate your health?

Excellent	7%
Very good	30
Good	41
Fair	17
Poor	4
No answer	2

2. In the past month, how often have you...

		No Days	A Few Days	Several Days	Nearly All Days	All Days	No Answer
a.	Felt that everything was an effort	28%	44%	17%	6%	3%	2%
b.	Felt sad or lonely	48	32	12	3	2	3
c.	Enjoyed life	3	9	17	45	24	3
d.	Felt hopeful about the future	7	15	18	40	16	3
e.	Felt physically fit	13	15	20	37	10	4
f.	Feared for your personal safety	75	14	3	2	3	2
g.	Felt safe in your own home	8	2	2	20	67	1

3. Some people have a need for minor modifications to their home for safety reasons. Does your home need or not need these modifications?

		Home needs	Home does not need	Home already has	No answer
a.	Grab bars in bathroom	20%	47%	32%	2%
b.	Bath bench in shower or tub	11	63	24	2

4. In the past 12 months, have you fallen and injured yourself at home?

Yes	11%
No	87
No answer	2

4a. For the treatment of your last injury due to a fall, did you...[80 Respondents]

Call an ambulance and receive treatment at home	1%
Call an ambulance and go to the emergency room	9
Go to the emergency room on your own	11
See your personal physician	21
Go to Urgent Care	3
Not seek care immediately	8
Not seek care at all	34
Multiple answers	12
No answer	1

4b. As a result of your last injury due to a fall, were you hospitalized? [80 Respondents]

Yes	20%
No	76
No answer	4

5. In the past 12 months, has your doctor or health care provider discussed prescription drug use including possible interactions between prescription drugs, over the counter drugs, alcohol, or other substances? [619 Respondents Who Saw a Doctor in Past 12 Months]

Yes	48%
No	52

6. In an average week, how many alcoholic beverages do you drink? (One drink equals one can or bottle of beer, one glass of wine, one can or bottle of wine cooler, one cocktail, or one shot of liquor.)

None	55%
One to two drinks per week	18
Three to four drinks per week	9
Five to seven drinks per week	9
Eight or more drinks per week	7
No answer	2

CAREGIVER IN HOUSEHOLD

7. Are you caring for someone in the household who may need care, including dressing, bathing, eating, financial work or household chores?

Yes	8%
No	89
No answer	4

7a. What is the relationship of the person you are caring for? [57 Respondents]

Spouse	63%
Child	12
Grandchild	0
Parent	17
Other relative	4
Neighbor	2
Other	0
No answer	2

7b. What is the age of the person you are caring for? [57 Respondents]

14 to 54 years old	15%
55 to 74 years old	31
75 to 84 years old	34
85 to 98 years old	19
No answer	5

7c. If you were to become sick or disabled, do you have arrangements for someone else to take care of the person you are caring for? [57 Respondents]

Yes	58%
No	39
No answer	2

8. Is someone caring for you including, dressing, bathing, eating, financial work or household chores?

Yes	7%
No	89
No answer	4

8a. What is the relationship of the person who is caring for you? [50 Respondents]

Spouse	33%
Child	39
Grandchild	0
Parent	0
Other relative	10
Neighbor	0
Other	14
Multiple answers	3
No answer	0

8b. What is the age of the person who is caring for you? [50 Respondents]

18 to 54 years old	45%
55 to 74 years old	28
75 to 84 years old	14
85 to 98 years old	13
No answer	5

8c. If your caregiver were to become sick or disabled, do you have arrangements for your care?

[50 Respondents]

Yes	46%
No	50
No answer	3

TRANSPORTATION ISSUES

9. In the past month, which forms of transportation have you used?

		Yes
a.	Drive my own car	82%
b.	Ride with family or friends	59
c.	City bus/Taxi	9
d.	Elder Care Line/Transit Express	3
e.	Walk	55
f.	Ride with volunteer services	2
g.	Bicycle	6
h.	Other	3

10. Please state the level of difficulty you have had arranging transportation...

	[Applicable Number of Respondents]	Very Difficult	Somewhat Difficult	Not at all Difficult	No Answer
a.	To medical or dental appointments [652 Respondents]	<1%	8%	81%	11%
b.	For routine shopping (grocery, pharmacy, department store) [656]	<1	5	82	12
c.	To social activities or visiting others [633]	2	5	82	12
d.	To religious worship services [557]	1	4	80	14
e.	To a senior center [328]	2	4	67	27

MEALS

11. Who generally prepares the meals you eat at home?

Myself	83%
Family or friends	14
Home delivered meals	<1
I don't eat meals at home	<1
No answer	2

12. Do you generally eat meals alone?

Yes	44%
No	54
No answer	1

13. In the past month, have you gone without a meal on any day?

Yes	10%
No	88
No answer	2

13a. Which meal(s) did you go without? [69 Respondents]

		Yes
a.	Breakfast	64%
b.	Lunch	60
c.	Dinner	38

13b. In the past month, which of the following were reasons you went without a meal?
[69 Respondents]

		Yes
a.	I couldn't get to the store	1%
b.	I couldn't get to a food pantry	1
c.	I couldn't prepare a meal	11
d.	I had no appetite	74
e.	I had no money for food	12
f.	My home meal was not delivered	0

ASSISTANCE

14. What do you feel are the most important problems facing you? (CHECK ALL THAT APPLY)

Health problems	47%
Cost of health care	51
Cost of prescriptions	43
Unsure of who or where to go to get medical help	3
Unsure of who or where to go to get other help	7
Transportation	6
Loneliness	11
Staying in current residence	18
Home maintenance	37
Home safety	6
Neighborhood safety	10
Property taxes	50
Other	5

15. If you had any problems, where would you turn to for information? (check all that apply)

	Yes		Yes
Family/friends	91%	Milwaukee County Department on	
Church/clergy	26	Aging Resource Center	19%
Doctor or other health care provider	68	Newspapers, radio or television	30
Health Department	7	Internet	35
Beulah Brinton Senior Center	3	Library	20
Bay View Community Center	4	Phone book/yellow pages	40
Cudahy-St. Francis Interfaith	6	Toll-free hotline/helpline	10
St. Ann Center for Intergenerational Care	6	Other	3

16. Do you have internet access at home?

Yes	52%
No	46
No answer	1

16a. In the past month, how often have you used the internet at home? [376 Respondents]

No days	7%
A few days	9
Several days	17
Nearly every day	27
Every day	37
No answer	3

17. Do you need help with ...

		My Friends/ Family Help	I Pay for Help	I Need To Find Help	I Don't Need Help	No Answer
a.	Personal care (for example, bathing, toileting)	4%	<1%	<1%	90%	6%
b.	Paperwork/finances	11	3	1	77	7
c.	Household chores such as cleaning	12	5	5	71	6
d.	Home maintenance	22	15	9	47	7
e.	Yard work	20	12	8	53	6
f.	Other	4	<1	<1	25	71

18. If you have family and friends helping you now, how likely will they be able to continue giving you help a year from now? [533 Respondents]

Very likely	65%
Somewhat likely	21
Not too likely	3
Not likely at all	1
No answer	9

19. If you haven't received the help you need at this time, what is most often the reason why?

I have received the help I need	38%
I can't afford to pay for help	7
I can't find reliable help	3
I am reluctant to ask for help	7
No answer or don't need help	44

20. Would neighbors, family or friends check on you if they hadn't heard from you in 24 hours?

Yes	69%
No	26
No answer	4

21. In the past 12 months, were there any times when you did not have enough money to....

		Yes
a.	Pay for dental care	12%
b.	Pay for vision care or eyeglasses/contacts	9
c.	Obtain a hearing aid	8
d.	Pay for medical care	8
e.	Fill a prescription for medicine	6
f.	Buy the food you need	5
g.	Pay your rent, mortgage or real estate taxes	7
h.	Pay your utility bills	8
i.	Pay credit card bills	7
j.	Pay for home repairs	15
k.	Other	2

ACTIVITIES

22. In the past week, did you...

		Yes
a.	Go to worship services or other religious activity	49%
b.	Talk to family or friends on the phone	93
c.	Go to a social event like a movie, play, concert, restaurant or club meeting	69
d.	Visit with family or friends in person in some other setting	79
e.	Volunteer for a church, hospital, senior center, library or other organization	25
f.	Exercise or walk regularly	61

23. How interested would you be in the following activities if they were made available to you ...

		Not at all Interested	A Little Interested	Somewhat Interested	Very Interested	No Answer
Leisure Time Activities						
a.	Plays and movies	19%	16%	26%	29%	9%
b.	Concerts	27	17	22	23	11
c.	Crafts	43	17	16	11	13
d.	Bingo, cards	48	16	13	11	12
e.	Outings, tours	26	20	21	22	11
f.	Exercise classes	34	18	19	17	12
Educational Programs						
a.	Conferences	53%	16%	12%	5%	14%
b.	Continuing education classes	46	15	16	10	13
c.	Lectures	49	18	13	8	12
d.	Seminars	49	18	12	7	13
Spiritual Needs						
a.	Attending church services	30%	11%	13%	34%	12%
b.	Church-related activities	37	16	13	21	14
Work Opportunities						
a.	Volunteer programs	41%	17%	17%	12%	14%
b.	Job training	65	10	5	5	15
c.	Paid employment	54	10	9	13	14
Political or Legal Action						
a.	Block Club	56%	16%	10%	4%	13%
b.	Neighborhood Watch	45	19	15	8	12

LIVING IN YOUR HOME

24. What is your current living situation? Do you live...

In a home that you own	82%
In an apartment or home that you rent	13
With a relative in their home	<1
Other	1
No answer	3

25. How important is it that you live in your current residence as you grow older?

It is most important to me	50%
It is very important to me	26
It is somewhat important to me	17
Not important	5
No answer	2

26. How confident are you that you will be able to continue living in your current residence for as long as you would like?

Very confident	45%
Somewhat confident	40
Not too confident	10
Not confident at all	1
No answer	4

26a. Why do you think you might need to move from your current residence?

[81 Respondents] (check all that apply)

	Yes
Health reasons	68%
Economic reasons	59
Transportation reasons	17
Other reasons	14

27. If you intend to move outside of St. Francis – Bay View, why would you leave?

[320 Respondents]

To be near family	21%
To find more affordable housing	17
To be in a warmer climate	25
To move to assisted living	13
Other reasons	15
No answer	9

28. What types of living arrangements would you prefer? (CHECK UP TO 3 ANSWERS)

Nursing home	<1%
Elderly housing	20
Own home	70
Renting home or apartment	32
Assisted Living Facility	23
Life Care Community	7
Live with relative or friend	22
Other	5

29. Have you made preparations for the future for ...

		Yes
a.	Long-term care such as in-home help, assisted living or nursing home options	12%
b.	Legal arrangements naming someone to make health care decisions on your behalf if you are not able to do so	64
c.	Legal arrangements naming someone to make financial decisions on your behalf if you are not able to do so	61

YOU AND YOUR HOUSEHOLD

30. Including yourself, how many people live in your household?

One	41%
Two	47
Three or more	9
No answer	4

31. With whom do you live? (CHECK ALL THAT APPLY)

	Yes
Alone	41%
With a partner or spouse	46
With my child	13
With my parent	1
With another relative (sister, brother, grandchild)	3
Someone else	<1

32. What is your present age?

55 to 59 years old	17%
60 to 64 years old	14
65 to 69 years old	14
70 to 74 years old	18
75 to 79 years old	15
80 and older	18
No answer	4

33. What is your racial heritage?

White, Caucasian	95%
Black, African American	<1
Asian	<1
Native Hawaiian or other Pacific Islander	0
American Indian or Alaska Native	<1
Some other race	<1
Two or more races	<1
No answer	4

34. Are you of Spanish, Latino or Hispanic origin?

Yes	1%
No	89
No answer	10

35. What is the highest grade level of education you have completed?

Some high school or less	9%
High school graduate or GED	34
Some college or technical school	27
Technical school graduate	6
College graduate	15
Advanced or professional degree	8
No answer	<1

36. Are you employed...

Full-time	17%
Part-time	10
Not employed	72
No answer	<1

37. What is your annual household income before taxes?

Less than \$10,000	3%
\$10,000 to \$13,500	7
\$13,501 to \$17,000	8
\$17,001 to \$20,500	8
\$20,501 to \$25,000	12
\$25,001 to \$40,000	20
\$40,001 to \$60,000	15
\$60,001 or more	17
No answer	11

38. What is your gender (sex)?

Male	40%
Female	59
Transgender	0
No answer	<1

39. What is your zip code?

53235	24%
53207	75
Other	<1
No answer	<1

GENERAL HEALTH

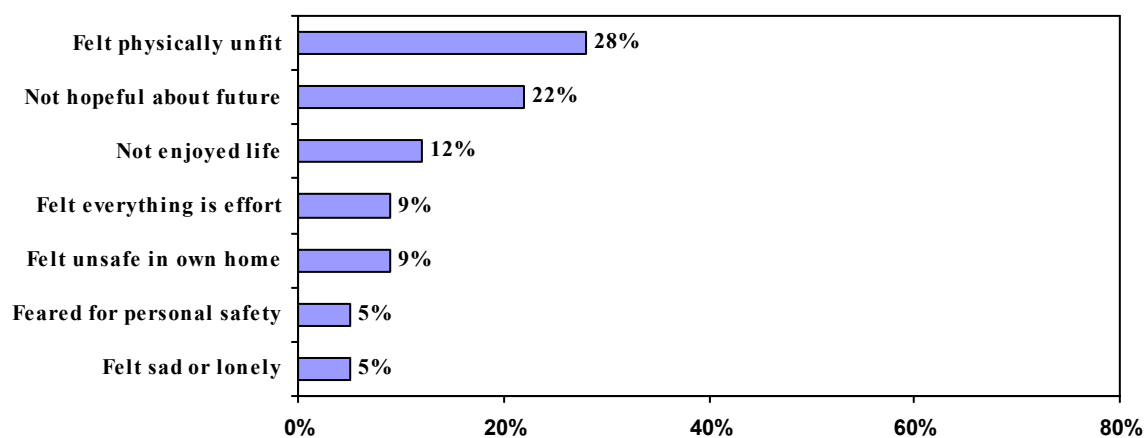
Thirty-seven percent of respondents reported their health as excellent or very good; 21% reported fair or poor. Respondents who were 75 and older, with a high school education or less, who were not employed, with a household income of less than \$17,001, who rented their home or were not hopeful about the future were more likely to report fair or poor health. Sixteen percent of respondents reported they drink five or more alcoholic beverages in an average week; respondents who were male, 55 to 64 years old, with at least some post high school education, who worked full-time, with a household income of at least \$40,001 or who were married were more likely to report this. Forty-eight percent of respondents reported in the past 12 months a health care professional discussed prescription drug use including possible interactions between prescription drugs, over the counter drugs, alcohol or other substances.

A similar 2007 Older Adult Survey in West Allis and West Milwaukee reported 40% of respondents described their health as excellent or very good, while 22% reported fair or poor health. 54% of respondents in a 2007 Older Adult Survey in Shorewood stated their health was excellent or very good; and 20 % as fair or poor.

Twenty-eight percent of respondents felt physically unfit on all or nearly all days in the past month, while 22% did not feel hopeful about the future and 12% did not enjoy life. Respondents with some post high school education or less, who were not employed, with a household income of less than \$17,001, with at least three people living in the household, who were caring for someone or not hopeful about the future were more likely to report feeling physically unfit. Respondents with some post high school education or less, with a household income of less than \$17,001, at least three people living in the household or who rented their home were more likely to report they were not hopeful about the future. Respondents with a high school education or less, who were not employed, with a household income of less than \$17,001, who were unmarried, with at least three people living in the household, who rented their home or were not hopeful about the future were more likely to report they did not enjoy life all/nearly all days in the past month. Respondents who were 75 and older, with a high school education or less, a household income of less than \$17,001 or who were not hopeful about the future were more likely to report everything was an effort all/nearly all days in the past month. Respondents with a household income of less than \$40,001, who were unmarried or not hopeful about the future were more likely to report they felt unsafe in their home all/nearly all days in the past month. Respondents who were not hopeful about the future were more likely to report they felt sad or lonely all/nearly all days in the past month. Combined, 7% reported at least four of the seven issues. Twelve percent reported two or three of the issues while 17% reported one issue and 64% did not report any of the seven mental or physical health issues.

In 2001, of 289 respondents 60 and older, 30% felt physically unfit, 15% felt sad or lonely, 10% felt everything was an effort, 14% did not feel hopeful about the future and 8% reported they did not enjoy life on at least 4 days in the past 7. (Mirowsky, John, and Catherine E. Ross. AGING, STATUS, AND SENSE OF CONTROL (ASOC), 1995, 1998, 2001. ICPSR03334-v2. Columbus, OH: Ohio State University, 2001. Ann Arbor, MI: Inter-University Consortium for Political and Social Research, 2005-12-15.)

Figure 1. Mental and Physical Health All/Nearly All Days in Past Month



Twenty percent of respondents reported their bathroom needed grab bars; respondents with a household income of less than \$17,001 or who were unmarried were more likely to report this. Eleven percent reported their tub or shower needed a bath bench; respondents with a household income of less than \$17,001 were more likely to report this. Eleven percent of respondents fell and injured themselves at home in the past 12 months. Eight percent of respondents did not seek care immediately for their last injury while 34% did not seek care at all. Nine percent called an ambulance and went to the ER while 11% went to the ER on their own. Twenty percent of respondents were hospitalized for their last injury due to a fall.

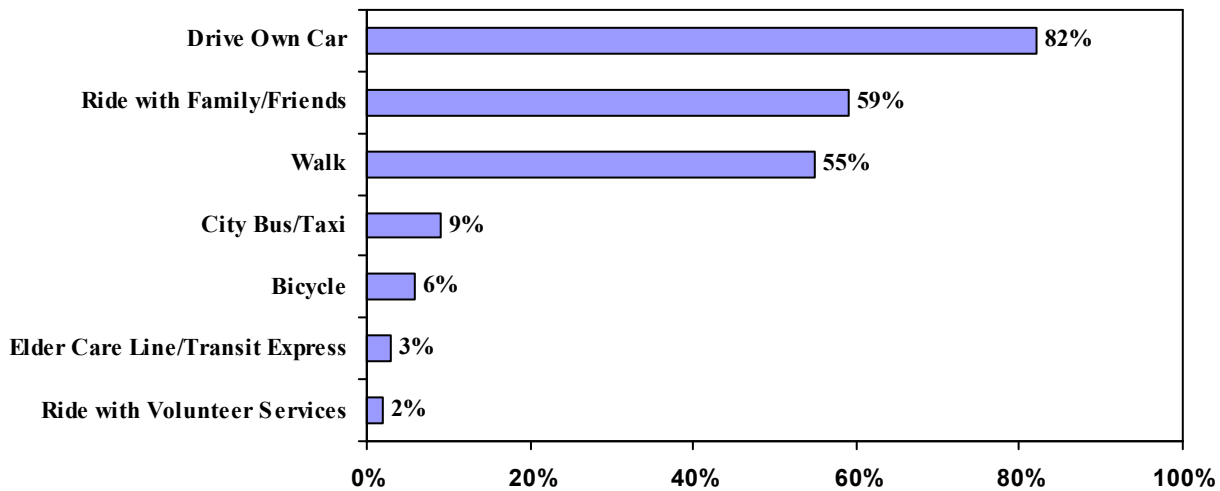
CAREGIVER IN HOUSEHOLD

Eight percent of respondents reported they were caring for someone in the household who may need care including dressing, bathing, eating, financial work or household chores. Sixty-three percent reported the person they were caring for was their spouse while 17% reported parent and 12% reported

child. Fifty-eight percent reported they had arrangements made if they were to become sick or disabled and unable to care for the person. Seven percent of respondents reported someone was caring for them. Thirty-nine percent reported a child was caring for them and 33% reported a spouse. Forty-six percent of respondents reported that arrangements had been made if their caregiver were unable to care for them.

TRANSPORTATION ISSUES

Figure 2. Transportation Forms Used in Past Month



Eighty-two percent of respondents reported they drove their own car in the past month while 59% reported they rode with family or friends and 55% reported they walked. Nine percent reported it was very or somewhat difficult to arrange transportation to medical/dental appointments while 7% reported social activities/visit others. Six percent reported difficulty in arranging transportation to a senior center or for routine shopping while 5% reported to religious services. Respondents who were female, 75 and older, not employed, with a household income of less than \$17,001, who were unmarried or not hopeful about the future were more likely to report difficulty in arranging transportation to medical/dental appointments, social activities/visit others, for routine shopping or to religious services. Respondents with a high school education or less were more likely to report difficulty arranging transportation to medical/dental appointments or social activities/visit others. Respondents who were unmarried were more likely to report difficulty arranging transportation to a senior center. Respondents who live alone were more likely to report difficulty arranging transportation to medical/dental appointments, social activities/visit others or religious services. Respondents who were caregivers were more likely to report difficulty

arranging transportation to medical/dental appointments, social activities/visit others or for routine shopping. Respondents who rented their home were more likely to report difficulty arranging transportation to medical/dental appointments.

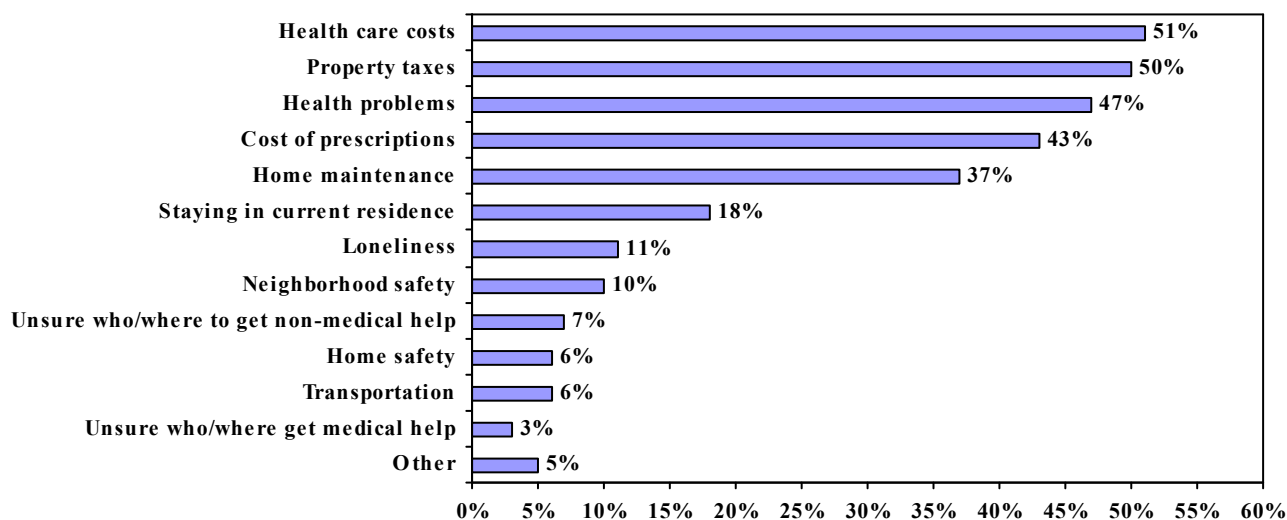
The 2007 West Allis West Milwaukee Older Adult Survey also reported 82% drove their own car; 6 to 7% of respondents reported it was somewhat or very difficult to arrange transportation to social activities/visit others or to do routine shopping. 74% of respondents to the Shorewood Older Adult Survey drove their own car; while 8% reported it was very or somewhat difficult to arrange transportation to social activities/visit others or to do routine shopping.

MEALS

Eighty-three percent of respondents reported they prepare home meals by themselves; respondents who were female, unmarried or who lived alone were more likely to report this. Fourteen percent of respondents reported family or friends prepare their home meals. Forty-four percent of respondents reported they generally eat meals alone; respondents who were female, 75 and older, worked full-time, were not employed, with a household income of less than \$17,001, who were unmarried, who lived alone, were non-caregivers, rent their home, or were not hopeful about the future were more likely to report this. Ten percent of respondents reported in the past month they went without eating a meal; respondents who were 55 to 64 years old, unmarried, who lived alone or were not hopeful about the future were more likely to report this. The most common reason they did not eat was because they had no appetite.

ASSISTANCE

Figure 3. Most Important Problems Facing Respondent



From a list of thirteen possible problems, respondents were asked to identify the most important problems they are facing. Fifty-one percent of respondents reported health care costs followed by 50% who reported property taxes. If respondents had a problem, they would more likely turn to family or friends for information (91%) followed by doctor or other health care provider (68%).

This compares to 27% of West Allis West Milwaukee 2007 Survey respondents who identified health problems as their most important problem; while 30% reported property taxes as most important from a list of eight issues. Shorewood Survey respondents identified health problems (27%), property taxes (22%), health care costs (12%) and home maintenance (8%) from a list of twelve possible problems as most important. 87% of West Allis West Milwaukee respondents and 85% of Shorewood respondents reported they would turn to family or friends if they had any problems and needed information; this compares to 91% of St. Francis Bay View respondents who would turn to family or friends.

Fifty-two percent of respondents reported they have internet access at home. Respondents who were 55 to 64 years old, with a college education, who worked full-time, with a household income of at least \$40,001, who were married, with at least three people living in the household, who owned their home or were hopeful about the future were more likely to report they have internet access at home. Of respondents who have internet access at home, 64% used it every day or nearly every day in the past month.

Twenty-two percent of respondents reported they have family or friends help them with home maintenance while 20% reported yard work, 12% reported household chores, 11% reported help with paperwork/finances and 4% reported personal care. Fifteen percent reported they pay for help with home maintenance while 12% reported yard work, 5% reported household chores, 3% reported this for paperwork/finances and less than one percent reported they pay for help with personal care. Combined, 32% use family/friends for at least one care item, 24% reported they pay for help/need to find help and do not receive help from family/friends while 44% reported they do not need help in any of the five care items. Sixty-five percent of respondents reported their family or friends who are currently helping them will be very likely to continue helping a year from now. Twenty-one percent reported somewhat likely.

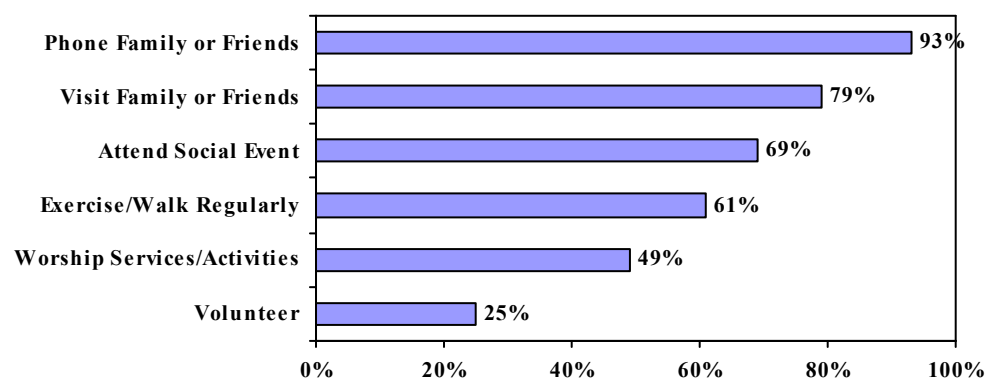
In 2002, of 649 respondents 50 and older in 13 communities, 67% reported it was very likely that the family and friends who help them now will be able to continue doing so a year from now. Seventeen percent reported somewhat likely while 4% reported not too likely and 3% reported not at all likely. (Brown, Randall, and William Black. COMMUNITY PARTNERSHIPS FOR OLDER ADULTS (CPOA) PROGRAM SURVEY OF OLDER ADULTS, 2002. ICPSR04301-v1. Washington, DC: Mathematica Policy Research, Inc., 2005. Ann Arbor, MI: Inter-university Consortium for Political and Social Research], 2005-10-26.)

Sixty-nine percent of respondents reported someone would check on them in 24 hours if no one heard from them. Respondents who were 65 and older or with a high school education or less were more likely to report someone would check within 24 hours.

Fifteen percent of respondents reported in the past 12 months they had a time when they did not have enough money to pay for home repairs. Twelve percent reported dental care while 9% reported vision care. Twenty-six percent of respondents reported at least one of the ten issues.

ACTIVITIES

Figure 4. Activities in Past Week



Ninety-three percent of respondents reported in the past week they have talked on the phone with family or friends while 79% reported they visited with family or friends in person. Sixty-nine percent attended a social event like a movie, play, concert, restaurant or club meeting while 61% exercised or walked regularly. Twenty-nine percent of respondents reported they would be very interested in plays and movies if they were made available to them and 23% reported concerts. Twenty-two percent of respondents reported they would be very interested in outings and tours while 17% reported exercise classes, 11% reported crafts and 11% reported bingo and cards. Ten percent of respondents reported they would be very interested in continuing education classes if they were made available to them and 8% reported lectures. Seven percent of respondents reported they would be very interested in seminars while 5% reported conferences. Thirty-four percent of respondents reported they would be very interested in attending church services if they were made available to them while 21% reported church-related activities. Thirteen percent of respondents reported they would be very interested in paid employment if it were made available to them while 12% reported volunteer programs. Five percent of respondents reported job training. Eight percent of respondents reported they would be very interested in a neighborhood watch if it were made available to them while 4% reported a block club.

In 2002, of respondents 50 and older in 13 communities, 79% of respondents reported in the past week they visited with family or friends in person while 57% attended a social event like a movie, play, concert, restaurant or club meeting. Fifty-three percent went to worship services or activities. (Brown, Randall, and William Black. COMMUNITY PARTNERSHIPS FOR OLDER ADULTS (CPOA) PROGRAM SURVEY OF OLDER ADULTS, 2002. ICPSR04301-v1. Washington, DC: Mathematica Policy Research, Inc., 2005. Ann Arbor, MI: Inter-university Consortium for Political and Social Research, 2005-10-26.)

LIVING IN YOUR HOME

Eighty-two percent of respondents reported they live in a home that they own while 13% live in an apartment or home that they rent. Fifty percent of respondents reported it is most important to live in their current residence as they grow older while 26% reported very important. Ten percent of respondents reported they were not too confident they will be able to continue living in their current residence for as long as they would like and 1% were not at all confident; 68% of these respondents reported they might need to move for health reasons while 59% reported economic reasons and 17% reported transportation reasons. If respondents intended to move outside of St. Francis Bay View, it was to be in a warmer climate (25%), be near family (21%), find more affordable housing (17%) or move to an assisted living facility (13%).

By comparison, 77% of West Allis West Milwaukee Older Adult Survey respondents reported living in a home they own and 20% lived in a rented apartment or home. 72% of West Allis West Milwaukee respondents reported it is most important or very important to them to continue to live in their current residence. 68% of 2007 Shorewood Survey respondents reported it was most important or very important to live in their current residence as they grow older.

In 2002, of respondents 50 and older in 13 communities, 33% of respondents who own their home reported it is most important to them to live in their home as they grow older. An additional 49% reported very important. Sixty percent of respondents reported they were very confident to be able to continue living in their current residence as long as they would like; an additional 28% reported somewhat confident. (Brown, Randall, and William Black. COMMUNITY PARTNERSHIPS FOR OLDER ADULTS (CPOA) PROGRAM SURVEY OF OLDER ADULTS, 2002. ICPSR04301-v1. Washington, DC: Mathematica Policy Research, Inc., 2005. Ann Arbor, MI: Inter-university Consortium for Political and Social Research, 2005-10-26.)

Respondents were given seven living arrangements and asked to select up to three preferences. Seventy percent of respondents reported they would prefer living in their own home while 32% reported renting a home or apartment and 23% reported an assisted living facility. Twenty-two percent of respondents

reported they would prefer living with a friend or relative, 20% reported elderly housing and 7% reported Life Care Community.

Sixty-four percent of respondents reported they have made legal arrangements naming someone to make health care decisions on their behalf if they are unable to do so. Sixty-one percent reported they made legal arrangements for someone to make financial decisions on their behalf while 12% reported long-term care arrangements have been made. Respondents who were 75 and older, worked part-time or were not employed were more likely to report health care arrangements. Respondents who were 75 and older, worked part-time, were not employed or with a household income of \$17,001 to \$40,000 were more likely to report financial decision arrangements. Respondents with a college education were more likely to report long-term care arrangements.

