

# GOING GREEN

Here are some simple things that you can do at home to save energy and money.

## Water usage

- Install a low flow shower head.
- Fix leaky faucets or pipes: they waste up to three gallons per day.
- In old toilets reduce tank volume with a brick or jug.
- Use soaker hoses for lawn and gardens; water in the morning.
- Collect rainwater for lawn and garden use.
- Car washes use less water than washing the car at home.
- Only wash full loads of laundry.

## Electricity weenergies

- Shut off lights behind you.
- Identify and starve energy vampires, i.e. electronic gadgets which are left plugged in.
- Shut off computers when not in use or at least set to sleep mode.
- Unplug appliances or shut off surge protectors when items are not in use.
- Turn up or turn down the thermostat. A few degrees during the whole season can make a big difference.
- Buy Energy-star appliances and light bulbs

## Reuse

- Lunch bags or lunch boxes and thermoses.
- Grocery bags.
- Plastic water bottles, refill with tap water. Most bottled water is municipal water.
- Buy products made with recycled paper or plastic, etc.
- Check out companies recycling items. Some pay for used printer cartridges, DVDs, CDs, etc.
- Download music legally to bypass plastic storage items.
- Use rechargeable batteries.
- Use shredded paper as packing material.
- Visit the local library for books, CDs and DVDs.
- Donate used items for resale.

## Recycle

- Take advantage of recycling centers for aluminum cans.
- Dispose of hazardous waste properly.
- Use recycling bins for plastics and paper.
- Compost if possible.
- Cell phones

## MORE GREEN INFO

### Health Information

Information about Climate Change and our Health

<http://www.nphw.org>

### Hazardous Waste Disposal

Household hazardous waste collection for Milwaukee County

<http://www.mmsd.com>  
or call 414-225-2066

### Green Tips

Swift and Simple Eco-tips: Planet Green

<http://www.treehugger.com>

"How to Go Green" Guides

<http://www.treehugger.com/gogreen.php>

Going Green

<http://www.geocities.com/RainForest/Vines/4990>

National Geographic Green Guide

<http://www.thegreenguide.com>

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[www.milwaukee.gov/health](http://www.milwaukee.gov/health)

